

## **ART THERAPY**

TUESDAY AUGUST 15

1-2:00PM

COST: \$10

## **GEORGE JEFFREY CHILDREN'S CENTRE**

TAMARA FROM NORTH SUPERIOR ART THERAPY SERVICES WILL LEAD OUR SESSION. THIS IS FOR CHILDREN AND GUARDIANS AS TAMARA WILL PROVIDE ADULTS WITH STRATEGIES, IDEAS, AND COPING SKILLS TO SUPPORT THEIR CHILDREN DEALING WITH ANXIETY AND DEPRESSION.

> OPEN TO ALL GJCC CLIENTS SPACE IS LIMITED! TO REGISTER CALL STACEY AT 623-4381 EXT 6805

