



Program Schedule

FALL BLOCK



George Jeffrey
BEHAVIOUR SUPPORT
SERVICES PROGRAM

Group Program Registration Details



Virtual Sleep Consultation

October 26 – November 30

- Mondays from 6:00 – 7:30pm
- Age Group: All Ages
- \$550 for 6 weeks of group sessions and 6 individual consultation sessions
- Virtual sessions; login information will be provided prior to group beginning

Secret Agent Society

VIRTUAL OPTION:

October 6 – December 8

- Tuesdays from 4:00 – 5:30pm; parents attend from 4:45 – 5:30pm for their portion of the program
- Age Group: 8–12
- \$1000 for 10 group sessions, plus 2 individual follow up sessions upon completion of the group
- Virtual sessions; login information will be provided prior to group beginning

IN-PERSON OPTION:

October 6 – December 8

- Tuesdays from 6:00 – 7:30pm; parents attend from 6 – 6:45pm for their portion of the program
- Age Group: 8–12
- 200 Brock Street East
- \$1000 for 10 group sessions, plus 2 individual follow up sessions upon completion of the group

Registration

September 18

Registration deadline for Secret Agent Society, Games Galore and Daily Living Skills.

October 12

Registration deadline for Sleep Consultation.

Games Galore

October 8 – December 10

- Thursdays from 4:00 – 5:30pm
- Age Group: 6–9
- 200 Brock Street East
- \$800 for 10 group sessions

Daily Living Skills

October 8 – December 10

- Thursdays from 6:00 – 7:30pm
- Age Group: 13–17
- 200 Brock Street East
- \$800 for 10 group sessions

Applicable to all programs:

GROUP SERVICES ARE CLINICALLY SUPERVISED BY A REGISTERED BEHAVIOUR ANALYST AND MAY BE PURCHASED USING ELIGIBLE ONTARIO AUTISM PROGRAM CORE CLINICAL SERVICES FUNDING. FAMILIES ARE ENCOURAGED TO CONFIRM FUNDING ELIGIBILITY BASED ON THEIR INDIVIDUAL FUNDING ARRANGEMENT.



Once families register for the group, an intake will be completed to determine suitability for the group program.

OCTOBER 26 – NOVEMBER 30

MONDAYS: 6:00 – 7:30PM

Virtual Sleep Consultation

A Six-Week Behavioural Sleep Consultation Program
Age Group: All Ages

October 12
Registration deadline

Is your child struggling to fall asleep, stay asleep, follow a bedtime routine, or wake at an appropriate time?

This six-week caregiver program uses behavioural science to help families understand their child's sleep challenges and develop practical strategies for improving sleep quality. Each week focuses on one of the five key areas that support a good night's sleep, with guidance for applying strategies at home.

\$550 for 6 weeks of group sessions and 6 individual consultation sessions.

Program Includes

- Six weekly caregiver group sessions
- A step-by-step review of the five areas of healthy sleep
- Practical, individualized strategies for your family
- Weekly one-to-one phone consultation with a Registered Behaviour Analyst
- Support with troubleshooting barriers and adjusting your child's sleep plan
- Resources and tools to help you track progress

This Program May Help With

- Difficulty falling asleep
- Frequent night waking
- Early morning waking
- Bedtime resistance
- Inconsistent bedtime routines
- Difficulty sleeping independently
- Other behavioural sleep concerns

Who Is It For?

Parents and caregivers of children across a broad age range who are experiencing sleep challenges. The program is designed primarily with autistic children and youth in mind, but a diagnosis of autism is not required.

Important Considerations

This program addresses sleep concerns through caregiver coaching and behavioural strategies. It is not a medical sleep assessment and may not be appropriate when sleep challenges are primarily related to an untreated medical condition.

REGISTRATION IS REQUIRED. LIMITED SPACES AVAILABLE.

Sign up at sleepconsultation.eventbrite.com



For registration inquiries, please call:
Chantal Lesschaeve, Behaviour Support Services Coordinator
(807) 620-5624



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OCTOBER 6 – DECEMBER 8
TUESDAYS 4:00 – 5:30PM

Virtual Secret Agent Society

Secret Agent Society Social Skills Group
Age Group: 8–12

September 18
Registration deadline

Is your child ready to become a social skills detective?

Calling all secret agents! Secret Agent Society is an engaging, evidence-based program for children ages 8–12 who would benefit from developing stronger social and emotional skills. Through an online platform, activities, group practice, and secret-agent missions, children learn practical strategies they can use at home, at school, and in the community.

\$1000 for 10 group sessions, plus 2 individual follow up sessions upon completion of the group.

Secret Agents Will Learn To:

- Recognize emotions in themselves and others
- Manage feelings such as anxiety and anger
- Start, maintain, and navigate conversations
- Cooperate, play, and work with others
- Handle mistakes, losing, teasing, and bullying
- Solve social problems and make thoughtful choices
- Build and maintain positive friendships

Program Format

- Initial family session: Parent orientation and an opportunity for children to meet the facilitators, explore the setting, and begin building comfort
- Nine weekly sessions: 90-minute, child-focused small-group sessions

Sign up at secretagentsocietyvirtual.eventbrite.com



- Parent involvement: A brief caregiver component as part of each weekly session
- Two follow-up sessions: Offered after the core program to review progress, practice skills, and support continued success
- At-home missions to help children apply their new skills in everyday situations
- Use of an online platform through a compatible device for uninterrupted program access at home and in the community

Who Is It For?

Children ages 8–12 who have identified social or emotional learning goals. Children do not require a specific diagnosis to participate.

Participants should be able to:

- Participate safely in a small-group environment
- Communicate their basic needs to an adult
- Engage in group activities with appropriate support
- Benefit from structured social-skills instruction and practice

Are you ready for your first mission?

LIMITED SPACES AVAILABLE.

A BRIEF INTAKE AND SCREENING PROCESS WILL BE COMPLETED TO DETERMINE WHETHER THE PROGRAM IS AN APPROPRIATE FIT FOR EACH CHILD.



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OCTOBER 6 – DECEMBER 8
TUESDAYS 6:00 – 7:30PM

In-Person Secret Agent Society

Secret Agent Society Social Skills Group
Age Group: 8–12

September 18
Registration deadline



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OCTOBER 8 – DECEMBER 10
THURSDAYS 4:00 – 5:30PM

Games Galore

A 10-Week Social Skills and Teamwork Group
Age Group: 6–9

September 18
Registration deadline

Learning social skills is more fun when everyone gets to play!

Games Galore is a 10 week supportive, activity-based group for children ages 6–9. Through board games, movement activities, team challenges, and coached peer interactions, children will build the skills needed to participate successfully with others at home, at school, and in the community.

\$800 for 10 group sessions.

Children Will Practice:

- Taking turns and waiting
- Sharing materials and space
- Following game rules
- Joining and participating in group activities
- Cooperating with teammates
- Communicating with peers
- Handling winning and losing
- Managing frustration during games
- Adapting when rules or plans change
- Participating with greater independence

Program Format

- 10 weekly group sessions
- A combination of board games, movement games, sports, and team challenges

- Small-group and partner activities
- Direct coaching and practice in real-life social situations
- Visual supports, modelling, role-play, and positive reinforcement
- Gradually increasing opportunities for independent participation

Who Is It For?

Children ages 6–9 who would benefit from developing stronger social, play, teamwork, and self-regulation skills in a fun and structured group environment.

Participants should be able to:

- Participate safely in a small-group setting
- Communicate basic needs to an adult
- Follow simple instructions with support
- Participate in short group activities
- Benefit from structured teaching and peer practice

Let the games begin!

LIMITED SPACES AVAILABLE.

A BRIEF INTAKE AND SCREENING PROCESS WILL HELP DETERMINE WHETHER THE GROUP IS AN APPROPRIATE FIT FOR EACH CHILD.

Sign up at gamesgalore.eventbrite.com



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OCTOBER 8 – DECEMBER 10
THURSDAYS 6:00 – 7:30PM

Daily Living Skills

A 10-Week Independence Program for Teens
Age Group: 13–17



September 18
Registration deadline

Growing independence takes practice

This hands-on, 10-week program is designed for teens ages 13–17 who would benefit from building practical skills for greater independence at home and in the community. Participants will learn through direct instruction, demonstrations, guided practice, visual supports, and real-life activities. Each session will focus on functional skills that teens can use in their everyday routines.

\$800 for 10 group sessions.

Participants Will Practice:

- Planning simple meals and snacks
- Creating and following shopping lists
- Comparing prices and making basic budgeting decisions
- Shopping safely in the community
- Sorting and storing groceries
- Preparing food and following simple recipes
- Using kitchen appliances safely
- Practicing kitchen hygiene and food safety
- Completing laundry routines
- Cleaning up and completing household tasks
- Using timers, schedules, reminders, and digital supports
- Building safety, organization, and problem-solving skills

Program Format

- 10 weekly group sessions
- Hands-on practice with everyday routines
- Individualized prompting and support
- Visual schedules, task analyses, modelling, and rehearsal
- Small-group activities and practical community-based learning
- Opportunities to build confidence and independence over time

Who Is It For?

Teens ages 13–17 who would benefit from developing stronger daily living, home, and community independence skills.

Participants should be able to:

- Participate safely in a small-group setting
- Communicate basic needs to an adult
- Follow simple instructions with support
- Participate in structured activities
- Benefit from direct teaching and repeated practice

Practical skills for everyday life

LIMITED SPACES AVAILABLE.

NO SPECIFIC DIAGNOSIS IS REQUIRED. A BRIEF INTAKE AND SCREENING PROCESS WILL HELP DETERMINE WHETHER THE PROGRAM IS AN APPROPRIATE FIT AND IDENTIFY EACH PARTICIPANT'S SUPPORT NEEDS.

Sign up at dailylivingskills.eventbrite.com



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Individual Program Details

Core Clinical Services - 1:1 ABA Therapy

Our Core Clinical Behaviour Services offer specialized, evidence-based interventions that address a wide range of behavioural and emotional challenges. Services include one-to-one ABA intervention for children and youth in Thunder Bay and Northwestern Ontario, group workshops, and individualized consultation for families and other professionals.

Programs typically begin with an assessment completed or overseen by a Registered Behaviour Analyst, R.B.A. (Ont.), followed by tailored goals, ongoing progress monitoring, caregiver support and clinical oversight. Following the completion of an assessment by a Registered Behaviour Analyst, each child will receive an individualized treatment plan that outlines goals based on a variety of therapeutic interventions. We focus on enhancing emotional regulation, improving social and communication skills, and reducing behaviours that interfere with safety, learning, participation or quality of life. Our services are tailored to support long-term success in environments that are important to each child and family.

Services are delivered in accordance with the standards of the College of Psychologists and Behaviour Analysts of Ontario.

If you are interested in accessing these services, please contact:

Chantal Lesschaeve, Behaviour Support Services Coordinator
(807) 620-5624



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